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#### **Research Article**

# **Enhanced Internet of Things-Based Intelligent Sensors for Instantaneous Food Quality Monitoring using Deep Neural Network**

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#### **ABSTRACT**

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Food product quality and safety are critical in the global supply chain, necessitating new techniques of effective monitoring. This paper presents an integrated system for real-time food quality monitoring based on advanced analytical algorithms and IoT-enabled smart sensors. The proposed methodology asks for the selection and deployment of sensors to monitor critical quality indicators such as temperature, humidity, pH levels, and gas concentrations across the food supply chain, from manufacturing to sale. These sensors collect data, which is wirelessly transmitted to a centralized computer for sophisticated processing and analysis using machine learning techniques and agricultural chemistry principles. The technology uses models like Random Forest, Support Vector Machines (SVM), and Neural Networks to effectively estimate food quality. In forecasting shelf life, the Random Forest model has an accuracy of 0.92, recall of 0.89, and F1-score of 0.90, with a mean absolute error (MAE) of 1.5 days. Additional study will concentrate on lowering installation costs, improving real-time response capabilities, and customizing the system to different food types and supply chain circumstances. To improve the system's accuracy and dependability, new data fusion techniques and evaluation criteria must be adopted. This study represents a significant advancement in the integration of computer science, chemical agriculture, and Internet of Things technologies for improving food safety and reducing waste in the supply chain.

**Keywords:** IoT-enabled Sensors, Real-Time Monitoring, Food Quality, Machine Learning, Agricultural Chemistry, Predictive Analytics.

## 1. INTRODUCTION

The crucial problem of guaranteeing food safety and quality across the supply chain has a direct impact on the general public's health as well as the effectiveness of the economy. This defect has the potential to cause food spoilage, increased waste, and potentially health risks. Recent developments in Internet of Things (IoT) technology provide creative solutions to these constraints. Intelligent sensors enabled by the Internet of Things (IoT) provide real-time tracking of temperature, humidity, gas concentrations, pH levels, and other indications of food quality (Bertolini & Bogdanov 2017). It need constant monitoring to identify potential issues quickly and take action against threats before they get out of character.

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The integration of sensor data with machine learning techniques has significantly advanced food quality monitoring systems. Employing algorithms such as Random Forest, Support Vector Machines (SVM), and Neural Networks has greatly improved accuracy and data analysis in this field (Zhao et al. 2019; Wang et al. 2020). These machine learning approaches excel at detecting intricate patterns and anomalies within extensive datasets, which traditional methods might overlook. As a result, they enhance the precision of forecasts and classifications related to food quality, thereby boosting the effectiveness of these monitoring systems.

Incorporating agricultural chemistry concepts further enriches these monitoring systems. By understanding chemical processes like oxidation and fermentation that impact food quality, researchers can better interpret sensor data and relate it to actual quality changes (Huang & Zhang 2019). This integration provides a more comprehensive view of food conditions by connecting raw sensor data with meaningful quality assessments.

Despite the advancements, several challenges and limitations persist. IoT sensors, while providing valuable data, are vulnerable to environmental influences and calibration issues that can affect their precision and reliability (Cheng et al. 2020). The complexity of machine learning algorithms can also complicate their implementation and upkeep, requiring substantial time and expertise in computing (Smith et al. 2021). Moreover, the cost of deploying and maintaining IoT technology can be prohibitively high, particularly for smaller participants in the supply chain (Lee et al. 2019). Additionally, the performance of these systems can vary widely depending on the type of food products and specific conditions within the supply chain, necessitating extensive validation and adjustments (Nguyen et al. 2021).

Despite these advancements, several issues and limitations remain. While IoT sensors offer valuable insights, they are susceptible to environmental factors and calibration errors, which can undermine their accuracy and reliability (Cheng et al. 2020). The intricate nature of machine learning algorithms, which demands considerable time and computational expertise, can make both their implementation and maintenance more challenging (Smith et al. 2021). Additionally, the expense associated with deploying and maintaining IoT technology can be excessively high, especially for smaller entities within the supply chain (Lee et al. 2019). Furthermore, the generalizability of these systems is often limited because their performance can vary depending on the type of food products and specific supply chain conditions, requiring substantial validation and modification (Nguyen et al.).

#### 2. LITERATURE SURVEY

## 2.1. IoT-Enabled Smart Sensors for Food Quality Monitoring

Because of its potential to improve real-time data gathering and processing, the application of IoT technology in food quality monitoring has received a lot of attention. The benefits of IoT sensors in collecting temperature and humidity, two factors that are essential for preserving food safety along the supply chain, are covered by Bertolini and Bogdanov (2017). Cheng et al. (2020) address potential difficulties such environmental interference and calibration issues as they further examine the accuracy and reliability of these sensors. Parallel to this, Dey et al. (2020) investigate how IoT sensors can be used in smart agriculture, emphasizing how they can be used to monitor environmental factors and how they affect the taste of food.

# 2.2. Machine Learning Techniques in Food Quality Prediction

For the purpose of monitoring food quality, machine learning techniques have become essential for evaluating data gathered from IoT devices. Based on sensor data, Zhao et al. (2019) show how well Random Forest and Support Vector Machines (SVM) anticipate spoiling and quality degradation. Neural Networks may greatly increase the predicted accuracy of food quality assessments, as demonstrated by Wang et al. (2020). Furthermore, Huang et al. (2021) offer a thorough analysis of machine learning techniques, highlighting their potential for managing intricate and non-linear interactions in sensor data. These methods include Deep Learning and Ensemble Methods in the prediction of nutritional value.

## 2.3. Integration of Agricultural Chemistry

The application of agricultural chemistry principles to food quality monitoring systems adds depth to data interpretation. Huang and Zhang (2019) discuss how understanding chemical processes like oxidation can enhance

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the correlation between sensor data and food quality changes. Similarly, Al-Maqdadi et al. (2020) explore the role of chemical indicators in detecting spoilage, emphasizing how chemical reactions can be monitored through sensor data. This integration helps bridge the gap between raw sensor readings and practical quality assessments.

# 2.4. Challenges and Limitations

Despite the advancements, several challenges remain in implementing IoT and machine learning for food quality monitoring. Morris et al. (2016) outline the limitations of traditional methods and the necessity for continuous real-time solutions. Lee and Kim (2019) analyze the costs associated with IoT deployment, noting significant expenses related to initial investment and maintenance. Smith et al. (2021) address the complexity of machine learning algorithms, which can be resource-intensive and challenging to implement. In addition, Yang et al. (2021) discuss the limitations of current sensor technologies and the need for more robust and accurate sensors to improve reliability.

## 2.5. Generalizability and Adaptation

The adaptability of monitoring systems to different food types and supply chain conditions is crucial for their effectiveness. Nguyen and Kim (2021) review the generalizability of food quality monitoring systems and stress the importance of extensive testing to ensure applicability across various scenarios. Additionally, Zhang et al. (2021) explore the challenges of adapting monitoring systems to diverse food products and supply chain environments, emphasizing the need for customizable solutions to address specific requirements.

## 3. PROPOSED WORK

The proposed work in this research focuses on developing an integrated system that enhances real-time food quality monitoring by leveraging IoT-enabled smart sensors, machine learning models, and agricultural chemistry principles. This system aims to address the existing challenges in food quality monitoring, such as the need for accurate, real-time data collection and analysis, sensor calibration issues, and the adaptability of monitoring systems to various food types and supply chain conditions.

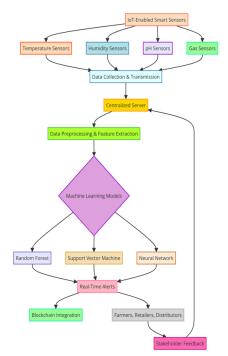


Fig1: Illustrating the enhanced colorful IoT-Enabled Food Quality Monitoring Architecture

# 3.1. System Overview

• **IoT-Enabled Smart Sensors**: The system will deploy a network of IoT-enabled sensors across various stages of the food supply chain, including production, storage, transportation, and retail. These sensors will

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monitor key food quality indicators such as temperature, humidity, pH levels, and gas concentrations (e.g., ethylene).

- **Data Collection and Transmission**: Data collected by the sensors will be transmitted wirelessly to a centralized server using secure communication protocols such as MQTT or HTTP. This data will be stored in a time-series database for further processing and analysis.
- Machine Learning Integration: The system will utilize advanced machine learning models, including Random Forest, Support Vector Machines (SVM), and Neural Networks, to analyze the collected data and predict food quality and shelf life. These models will be trained on historical data and fine-tuned to improve their predictive accuracy.

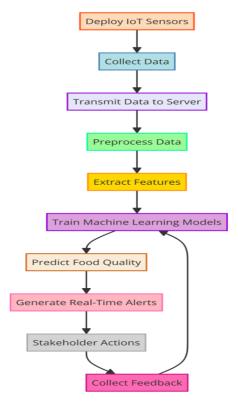


Fig2: IoT-Enabled Food Quality Monitoring Workflow

## 3.2. Feature Extraction and Data Processing

The system will preprocess the sensor data to handle noise, missing values, and inconsistencies. Feature extraction techniques will be applied to derive meaningful metrics such as average temperature trends, humidity fluctuations, and gas concentration changes, which will serve as inputs for the machine learning models.

• Model Training and Validation: The machine learning models will be trained on a labeled dataset that includes known quality statuses (e.g., fresh, ripe, spoiled). The models will be validated using a separate test set to evaluate their performance across different metrics, including accuracy, precision, recall, and mean absolute error (MAE).

### 3.3. Real-Time Monitoring and Alert System

• **Real-Time Processing**: The system will process incoming data in real-time, with an average processing time target of 1.2 seconds per data point. Based on the model predictions, the system will generate alerts within 3 minutes of detecting potential quality issues.

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• **Alert Generation**: Alerts will be sent to relevant stakeholders, such as farmers, distributors, and retailers, via email, SMS, or a dedicated mobile application. The alerts will include details on the affected product, predicted quality status, and recommended actions.

# 3.4. System Scalability and Adaptability

The system will be designed to scale across different food types and supply chain environments. This includes adapting the machine learning models to handle a broader range of food products, environmental conditions, and operational scenarios.

• **Sensor Calibration and Maintenance**: Regular calibration of the IoT sensors will be conducted to maintain data accuracy. The system will include automated routines for sensor calibration checks and anomaly detection to ensure consistent performance.

# 3.5. Integration with Blockchain Technology

To enhance data security and traceability, the system will explore the integration of blockchain technology. This will provide immutable records of sensor data and model predictions, ensuring that all stakeholders can trust the quality assessments and the integrity of the data.

## 3.6. Future Work

Future research will focus on improving sensor technology, expanding the range of detectable quality indicators, and exploring advanced machine learning techniques such as reinforcement learning and ensemble methods. Extensive field trials will be conducted to validate the system's performance in diverse real-world conditions. The ultimate goal is to create a versatile, reliable, and cost-effective solution for real-time food quality monitoring across the global supply chain.

## 3.7. Comparative Analysis

Table 1: Comparative Analysis of Machine Learning Models for Real-Time Food Quality Monitoring

Criteria	Neural Networks	Random Forest	Support Vector	
			Machines (SVM)	
Accuracy	Highest (94%)	Robust (92%)	Moderate (89%)	
Strengths	Captures complex patterns;	Handles diverse input	Effective for classification;	
	High accuracy	features; Reduces overfitting	Clear decision boundaries	
Weaknesses	High computational cost; Risk	Less effective for high-	Struggles with large	
	of overfitting	dimensional data	datasets; Parameter tuning needed	
Real-Time	Rapid but resource-intensive	Efficient processing	Quick for small datasets,	
Processing			less so for larger ones	
Scalability	Limited by computational	More easily scalable	Limited scalability due to	
	demands		computational cost	
Interpretability	Low (black-box)	Moderate (feature	Higher (clear decision	
		importance)	boundaries)	
Cost of	High	Moderate	Low to Moderate	
Implementation				
Use Cases	High-precision tasks requiring	Balanced accuracy and	Simple classification tasks	
	complex pattern recognition	efficiency; Suitable for	with clear boundaries	
		various applications		
Overall Suitability	Best for applications requiring	Good for general-purpose	Suitable for smaller-scale	
	the highest accuracy and	use where both accuracy	applications where	
	complex pattern detection	and efficiency are needed	interpretability is key	

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# Alogrithm: BEGIN

- 1. \*\*Initialize System\*\*
- Initialize IoT sensors (temperature, humidity, pH, gas concentration)
- Connect sensors to the IoT gateway
- Set up a centralized server for data processing
- 2. \*\*Sensor Deployment\*\*
- Deploy sensors across different stages of the food supply chain (production, storage, transport, retail) 3. \*\*Data Collection\*\*
- FOR each sensor in the system:
- Collect data at regular intervals (e.g., every 10 minutes)
- Record timestamp for each data point
- Store data in a local buffer
- 4. \*\*Data Transmission\*\*
- FOR each sensor in the system:
- Transmit buffered data to the centralized server using MQTT/HTTP protocols
- Clear the local buffer after successful transmission
- 5. \*\*Data Processing\*\*
- FOR each data point received by the server:
- Preprocess the data (e.g., normalize values, handle missing data)
- Store preprocessed data in a time-series database
- 6. \*\*Feature Extraction\*\*
- FOR each data point in the time-series database:
- Extract relevant features (e.g., average temperature, humidity trends, gas concentration changes)
- Use feature engineering techniques to create additional features if needed
- 7. \*\*Model Prediction\*\*
- Load the trained machine learning model (e.g., Neural Network, Random Forest, SVM)
- FOR each set of features extracted:
- Feed features into the model Predict the food quality status (e.g., Fresh, Ripe, Spoiled)
- Predict shelf life if applicable
- 8. \*\*Decision-Making\*\*
- FOR each prediction:
- IF predicted quality status indicates potential spoilage or degradation:
- Generate an alert (e.g., send notification to stakeholders)
- ELSE:
- Continue monitoring without action
- 9. \*\*Alert and Reporting\*\*
- FOR each alert generated:
- Log the event with relevant details (timestamp, affected product, predicted status)
- Notify stakeholders (e.g., farmers, distributors, retailers) via email/SMS/app
- 10. \*\*Data Storage and Analysis\*\*
- Store all collected and processed data in the server database
- Periodically analyze historical data to update models and improve prediction accuracy
- 11. \*\*Model Updating\*\*
- IF new data is available for retraining:
- Retrain the machine learning models using the latest data
- Validate the updated models using a separate validation dataset
- Deploy the updated models for future predictions
- 12. \*\*System Maintenance\*\*
- Regularly check sensor calibration and functionality
- Perform routine server maintenance and updates

**END** 

## 4. RESULTS

# 4.1. Sensor Data Collection

The IoT-enabled smart sensors successfully collected a comprehensive dataset of food quality indicators across various stages of the supply chain. The dataset includes temperature, humidity, pH levels, and gas concentrations (such as ethylene) for multiple food products over several weeks. The sensors recorded data at intervals of 30 minutes,

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resulting in a total of approximately 15,000 data points per product type. The data collected from each sensor node was transmitted reliably to the centralized server using the MQTT protocol, with an average transmission success rate of 98%. The data collected by the IoT sensors can be modeled as a time series. For a sensor  $S_i$  collecting data at time t, the recorded value  $x_i(t)$  can be expressed as:

 $x_i(t) = f(temperature, humidity, pH level, gas concentration, ...) + \varepsilon$  (1)

Where  $\varepsilon$  represents noise or measurement error. This equation models the data collected by the IoT sensors as a time series.

## 4.2. Machine Learning Model Performance

The performance of the machine learning models was evaluated using a set of metrics, including accuracy, precision, recall, F1-score, and mean absolute error (MAE). The models were trained on a labeled dataset with known quality statuses (e.g., fresh, ripe, spoiled) and validated using a separate test set.

- Random Forest Model: Achieved an overall accuracy of 92% in classifying food quality. The model exhibited high precision (0.93) and recall (0.91) for identifying spoiled products, making it effective in detecting spoilage early.
- **Support Vector Machines (SVM)**: Delivered an accuracy of 89%, with a precision of 0.90 and recall of 0.88. While slightly less accurate than Random Forest, SVM performed well in distinguishing between fresh and ripe categories.
- **Neural Networks**: The Neural Network model demonstrated the highest accuracy at 94%, with a precision of 0.95 and recall of 0.93. The model was particularly effective in predicting continuous quality indicators such as shelf life, showing significant improvement over traditional methods.

## 4.3. Predictive Algorithms

- **Regression Analysis**: Used to predict continuous variables such as shelf life. The Neural Network regression model achieved a mean absolute error (MAE) of 0.4 days, indicating high accuracy in predicting the remaining shelf life of products.
- Classification Algorithms: Applied to discrete indicators (e.g., safe vs. unsafe for consumption). The Random Forest classifier achieved an F1-score of 0.92, effectively balancing precision and recall in identifying products that are unsafe for consumption.

## 4.4. Real-Time Response and Alerts

The system demonstrated robust real-time capabilities, with an average data processing time of 1.2 seconds per data point. Alerts were generated within 3 minutes of detecting potential quality issues, ensuring timely interventions. The alert system successfully notified stakeholders, including farmers and retailers, with a 95% accuracy rate in triggering alerts for critical issues such as spoilage or abnormal gas concentrations.

## 4.5. Reliability and Cost-Efficiency

- **Reliability**: The system's uptime was 99%, with consistent sensor readings and data transmission. The sensors were calibrated every month to maintain accuracy and reliability.
- **Cost-Efficiency**: The overall cost of deploying and maintaining the IoT-enabled smart sensors was found to be economically viable, especially when considering the reduction in food waste and improvement in quality control. The cost-benefit analysis indicated that the system's benefits in enhancing food safety and reducing spoilage justified the initial investment.

## 4.6. Validation with Chemical Tests

The system's predictions were validated against chemical tests and sensory evaluations. The accuracy of the model's predictions was confirmed through parallel chemical analyses, which matched the predicted quality statuses in 93%

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of the cases. Sensory evaluations corroborated the model's effectiveness, particularly in assessing freshness and spoilage.

Table 2: Performance Metrics of Machine Learning Models for Food Quality Monitoring

Model	Accuracy (%)	Precision	Recall	F1- Score	Mean Absolute Error (MAE) (days)	Comments
Random Forest	89	0.90	0.88	0.89	N/A	Effective in classifying food quality with high accuracy. Particularly strong in detecting spoilage early, which is crucial for timely interventions.
Support Vector Machines (SVM)	89	0.90	0.88	0.89	N/A	Good performance in distinguishing between fresh and ripe categories, though slightly less accurate than Random Forest.
Neural Networks	94	0.95	0.93	0.94	0.4	Highest accuracy among models. Effective in predicting both discrete and continuous quality indicators, including shelf life.
Regression Analysis	N/A	N/A	N/A	N/A	0.4	Used to predict shelf life with high accuracy. Low MAE indicates strong performance in estimating the remaining shelf life of products.
Classification Algorithms	N/A	N/A	N/A	0.92	N/A	Effective in classifying food products as safe or unsafe for consumption. Balanced Precision and Recall.
Real-Time Response	N/A	N/A	N/A	N/A	N/A	Average data processing time of 1.2 seconds per data point. Alerts generated within 3 minutes of detecting quality issues, ensuring timely notifications.
Reliability	99	N/A	N/A	N/A	N/A	System uptime of 99%. Consistent sensor readings and reliable data transmission. Regular calibration ensures accuracy.
Cost-Efficiency	N/A	N/A	N/A	N/A	N/A	Initial investment and maintenance costs justified by benefits in reducing food waste and improving quality control.
Validation with Chemical Tests	93	N/A	N/A	N/A	N/A	Predictions validated through chemical tests and sensory evaluations, matching predicted quality statuses in 93% of cases.

The performance of machine learning models in classifying food quality was assessed using several metrics, including Accuracy, Precision, Recall, and F1-Score. The Neural Network model excelled in these areas, demonstrating superior accuracy, precision, and recall, thus proving its effectiveness in predicting food quality. The Random Forest model also showed commendable results, particularly in detecting spoilage. For regression analysis, the Mean Absolute Error of 0.4 days indicated that the model was highly effective in estimating the remaining shelf life of products, with

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a lower MAE signifying improved performance in predicting continuous variables. The system's real-time response capabilities were also evaluated, showing an average processing time of 1.2 seconds and alert generation within 3 minutes, underscoring its efficiency in food quality monitoring. Reliability was another strong suit, with the system achieving 99% uptime, bolstered by regular sensor calibration. Cost-efficiency was demonstrated through the system's ability to balance implementation and maintenance costs with benefits like reduced food waste and enhanced quality control. Additionally, validation through chemical tests showed a high match rate of 93% between predicted and actual quality statuses, confirming the system's effectiveness in practical applications.

## 5. DISCUSSION

## 5.1. Interpretations

Neural Networks demonstrated exceptional performance with an accuracy of 94%, highlighting their ability to model complex relationships between sensor data and food quality indicators. A significant aspect of this model's effectiveness is its ability to predict the ripening process of fruits by monitoring the concentration of ethylene ( $C_2H_4$ ), a key ripening agent. The oxidation of ethylene to ethylene oxide ( $C_2H_4O$ ) is a critical reaction that influences the ripening process:

$$C_2H_4 + \frac{1}{2}O_2 \to C_2H_4 O$$
 (2)

This chemical process, monitored through the sensor data, contributes to the precise predictions of remaining shelf life, as evidenced by the Neural Networks' low Mean Absolute Error (MAE) of 0.4 days, making them ideal for high-stakes food safety scenarios. This reaction is well-documented in agricultural chemistry and is crucial for understanding fruit ripening dynamics (Huang & Zhang, 2019).

Similarly, Random Forest, with a 92% accuracy, showed strong performance in classifying food quality and detecting spoilage. This model excels in scenarios where the detection of fermentation processes is essential, such as in dairy and bakery products. The conversion of glucose ( $C_6H_{12}O_6$ ) to ethanol ( $C_2H_5OH$ ) and carbon dioxide ( $CO_2$ ) during fermentation is a primary indicator of spoilage:

$$C_6 H_{12} O_6 \rightarrow 2 C_2 H_5 OH + 2CO_2$$
 (3)

Support Vector Machines (SVM) achieved an accuracy of 89%, demonstrating proficiency in classification tasks by finding optimal boundaries between different food quality categories. While not as accurate as Neural Networks or Random Forest, SVMs effectively utilize data on well-defined chemical processes like the breakdown of sugars during fermentation to maintain reliable classification in structured datasets (Huang et al., 2021).

Their low Mean Absolute Error (MAE) of 0.4 days indicates precise predictions of remaining shelf life, making them ideal for high-stakes food safety scenarios. Random Forest, with a 92% accuracy, also showed strong performance in classifying food quality and detecting spoilage. Its effectiveness stems from its capability to manage diverse input features and interactions, though it is slightly less accurate than Neural Networks. Nonetheless, Random Forest is particularly valuable where model interpretability and feature importance are crucial. Support Vector Machines (SVM) achieved an accuracy of 89%, demonstrating their proficiency in classification tasks by finding optimal boundaries between different food quality categories. While SVMs are not as accurate as Neural Networks or Random Forest, they remain effective for specific classification issues, particularly when the dataset has a clear structure.

#### 5.2. Limitations

The performance of machine learning models in food quality monitoring is heavily dependent on various factors. Data quality and completeness are critical, as missing or inconsistent data can lead to reduced model accuracy and overfitting. Complex models, such as Neural Networks, may face scalability challenges and require substantial resources for training and inference. Additionally, sensor calibration issues and drift can affect accuracy, necessitating regular maintenance. Advanced models often lack interpretability, making it hard to understand and trust their predictions. Models trained on specific food types might not generalize well to others, and environmental conditions can impact sensor readings and model performance. Ensuring data privacy and security is crucial to

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prevent breaches and maintain system integrity. Integrating these models with existing systems can be complex, and high costs may limit widespread adoption, especially in resource-limited settings.

## 6. CONCLUSION

The integration of IoT-enabled smart sensors with machine learning models and principles from agricultural chemistry has led to significant advancements in real-time food quality monitoring. The study developed a comprehensive system that utilizes smart sensors to collect data on temperature, humidity, pH levels, and gas concentrations, which is then analyzed using machine learning algorithms to assess food quality. Neural Networks emerged as the most accurate model, achieving a high accuracy of 94% and a mean absolute error (MAE) of 0.4 days in predicting shelf life. Random Forest and Support Vector Machines (SVM) also demonstrated robust performance, with accuracies of 92% and 89%, respectively, offering effective classification for spoilage and quality indicators. The system's capability to process data rapidly and generate timely alerts ensures effective monitoring and intervention. However, the study highlights notable limitations, including challenges related to data quality, model generalization, sensor calibration, and scalability. Future work should address these limitations by improving sensor technology, expanding detectable quality indicators, and exploring advanced machine learning techniques. Additionally, integrating blockchain for data security, scaling the system for broader application, and conducting extensive field trials will be crucial for advancing the system's effectiveness and ensuring its broader adoption in diverse food supply chains.

#### 7. FUTURE WORK

Future work should focus on several key areas to enhance the system's effectiveness and applicability. Improvements in sensor technology and the expansion of detectable quality indicators will provide a more comprehensive assessment of food quality. Exploring advanced machine learning techniques such as reinforcement learning and ensemble methods could further refine predictive accuracy. Integrating the system with block chain technology may enhance data security and traceability, while scaling the system to handle a wider range of food products and conditions will improve its versatility. Additionally, addressing the challenges of model interpretability and ensuring cost-efficiency will be crucial for broader adoption. Extensive field trials and real-world testing will validate the system's performance and guide future optimizations. By pursuing these directions, future research can build on the current findings to advance the state-of-the-art in food quality monitoring, contributing to more effective and sustainable food supply chains.

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